



# **NEW LIFE UNIVERSITY**

*1102 Dow Street  
Murfreesboro, TN 37130*

Dear Prospective Student:

Thank you for your interest in New Life University, an educational and training organization for Christian counselors. The faculty and staff at NLU are committed to preparing men and women of God to counsel the hurting with biblical excellence, academic professionalism, and spiritual sensitivity. We are excited about beginning this journey with you. Together we fulfill our calling to make a difference in the Kingdom of God.

This e-mail packet includes all the course descriptions, forms, and financial information you need to begin your certification program. Please read through everything carefully. The material is provided to help give you a good understanding of NLU and the National Christian Counseling Association. If you have any questions, feel free to call at any time.

Our academic year begins September 1 and consists of four quarters. Fall quarter is September 1 through December 31. Winter quarter is January 1 through March 31. Spring quarter is April 1 through June 30. And Summer session is July 1 to August 31. Your completed enrollment package must be in our office at least 15 days before the start of your first session.

Again, thank you for your interest in New Life, and God bless you in your goal to serve Him and His people.

Warmly In His Hands,

Mike Courtney, Ph.D.  
New Life University

# **NEW LIFE UNIVERSITY**

## ***Certification Program for Christian Counselors***

The policies, fees, and requirements outlined in this catalog supersede all previous publications effective June 1, 2018. NLU materials are proprietary and protected by copyright. Some courses are copyrighted by the National Christian Counselors Association and are offered by permission.

The NLU program offers credentialing for pastoral counselors through the National Christian Counselors Association. The NCCA certification/licensing program is not to be identified nor confused with state licensing in any way. It is intended for a person who wants to practice as a servant of the Body of Christ. The authority to counsel while recognized by the State is granted by the Church. In addition to the training offered by NLU, the NCCA requires a ministerial credential to complete the program.

NLU is an educational and training organization for Christian counselors. New Life includes ministers, professional Christian counselors, testing specialists, medical doctors, attorneys, and educators. The staff of NLU has committed themselves to the Lord Jesus Christ and believes that counseling is vain, unless it is founded upon, and directed by, the Word of God.

NLU is a totally different organization from Branches Counseling Center. While we share personnel and a common core value, NLU has a separate board of directors, a separate operating charter, and is careful not to be confused with Branches.

The main purpose of NLU is to provide quality training for pastors and Christians who feel God's call to counsel. Our training results in credentials that the community (Christian and non-Christian) will recognize, but the authority and call to Christian service has always been in the Holy Spirit of God.

New Life University  
Board of Directors

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## **Our Mission**

The mission of New Life University is to provide quality training that brings together the best of Biblical counseling and secular education. We believe that counseling is the new evangelism, that hurting, broken people are a harvest field in need of the healing power of God and His church. By training godly counselors NLU is not only living out its own mission but fulfilling the Great Commission. NLU training benefits anyone who desires to help others, make a difference in his/her world, and live out the call of Christ to reach the lost, heal the brokenhearted, and care for the hurting in our world.

### **Potential Ministerial Fellowships for Credentialing**

Paragon Christian Alliance International  
2149 HWY 139  
Monroe, LA 71203  
(866) 269-5600  
[www.paragonchristianalliance.org](http://www.paragonchristianalliance.org)  
[info@prargonchristianalliance.org](mailto:info@prargonchristianalliance.org)

International Fellowship Ministries  
22722 29<sup>th</sup> Dr. SE#100  
Bothell, WA 98021  
(425) 780-4471  
[www.ifm7.org](http://www.ifm7.org)  
[ifm@ifm7.org](mailto:ifm@ifm7.org)

New Life Ministerial Association  
1102 Dow St.  
Murfreesboro, TN 37130  
(615) 904-7170  
[www.nccchurch.org](http://www.nccchurch.org)  
[ministry@branchescounselingcenter.com](mailto:ministry@branchescounselingcenter.com)

## Frequently Asked Questions

### Who Can Benefit from NLU Training?

The training adjusts to meet the needs of Christians with different goals, including:

- Christians who want to be better equipped to minister to those who need counsel.
- Pastors who want to learn how to counsel members of their community who are experiencing problems.
- Christians who want to be credentialed and enter the field of counseling as a part-time or full-time ministry.
- Professional counselors who want to become A.P.S. certified and learn a Biblically-based counseling model with proven success.

### How NLU Credentials Help You Personally and Professionally?

Potential counselors often ask about the benefits of the training and obtaining certification or license from NLU. The main benefit is knowledge. The training you receive provides a deep spiritual insight into understanding human behavior and relating to others. This knowledge is valuable in every area of life, including your ability to help those who are hurting.

In addition, the certification or license can open many doors. For example, once you successfully complete the program, you may elect to apply for ministerial credentials through the National Conservative Christian Church and qualify to open your own counseling ministry in your community under the authority of this national church organization.

Having NLU and NCCA credentials ensures that you are recognized within your community as a qualified Christian/Pastoral counselor. The community can be assured that your credentials are authentic and current.

Other benefits available to NLU members include qualifying for professional liability insurance, networking with other counselors, and the opportunity to earn continuing education credits at seminars and conferences. In addition, NLU offers assistance to its graduates with regard to degree transfer work and fulfillment of academic goals.

**\*\*The faculty and staff of New Life University reserve the right to withhold licensure from students regardless of their academic achievements if we believe, with cause, that such students may lack the emotional or spiritual maturity necessary to qualify them to counsel other people safely and effectively. Such an action is very rare and would be open to discussion and appeal with the student in question.\*\***

## **Certification, Licensing, and Degree Completion through NLU**

The ministry and mission of NLU is to educate and prepare men and women who have been called to a ministry of counseling, formal or informal, in an integration of clinical counseling techniques, biblical principles of counseling, and the power and necessity of prayer and worship in the healing process. It is our belief and our desire that the Body of Christ is called to help one another in finding healing and wholeness in all areas of the human condition, body, soul, and spirit. James 5:16 says, "Confess your faults to one another, and pray for each other, so that you might be healed." Clearly, we really do need each other in order to be made whole.

In view of that, we serve as a catalyst for the student counselor to prepare himself/herself to serve the Body of Christ with excellence and confidence. It is certainly acceptable to enroll in a course or courses through NLU to further your understanding of an area or to aid in your own growth. Our purpose, however, is to help prospective counselors reach a level of training and experience that qualifies them to serve the church and one another as fully as they desire.

### **CERTIFICATION**

Upon satisfactory completion of the required coursework, supervised experience hours, and case studies, the NLU student will be certified as a graduate of the Training for Christian Counseling. This certification is supported by the NCCA, the National Christian Counselors Association.

### **LICENSURE**

The authority to practice counseling as a pastoral counselor is not given by NLU or the NCCA. That authority is given by the church. Therefore, an additional requirement to be certified as a Licensed Pastoral Counselor is the recognition, or commissioning, to ministry by the church. Completion of the NLU training should qualify you to be commissioned by your local church, or, should you choose, the New Life Ministerial Association, a fellowship of believers, organized to vet, equip, and hold accountable those seeking ministry credentialing with NLU and the NCCA. We will assist you in this step as a part of your NLU course completion. Licensure will be as a Certified Pastoral Counselor or a Licensed Pastoral Counselor depending on the highest degree held by the student. This licensure is NOT state license and is given by the NCCA.

### **DEGREE**

It is possible to earn an academic degree through your work with NLU and membership in the NCCA. Earning a Bachelor's Degree or Master's Degree will require completion of the NLU coursework, some additional coursework depending on your educational background and the degree sought, and a matriculation fee. The degree program is available through a number of partner institutions. Students interested in a degree completion program should speak to a NLU admissions counselor to work out the exact requirements and program needed.

## Christian Certification and Licensing

NCCA certification is not a state license and is, in fact, **distinctly different**. Most states have regulatory laws governing the practice of psychology. Many of them may also legislate the practice of general counseling. The laws vary from state to state. For example, some states have a counselor category called “Licensed Professional Counselor.” Therefore, NLU requires its counselors to clearly identify their license, e.g. “NCCA Licensed Pastoral Counselor” or “NCCA Licensed Clinical Christian Counselor.” This ensures that the NLU counselor is operating within legal and ethical standards, and, maintaining the public’s trust and confidence.

State regulatory laws help to protect the public and ensure professionalism within the counseling profession. The NCCA and NLU strive to attain a similar goal within the Christian community and, at the same time, operate so as to avoid infringing upon state regulations.

The state and federal governments also have jurisdictional boundaries. They do not pass laws that prevent the Church from fulfilling its purpose of ministering to humanity’s needs. The state recognizes that counseling is one of the responsibilities of the Church and its clergy. For this reason, the state does not interfere with the Ministry of Counseling.

NCCA requires all who are certified by the NCCA Licensing Board of Examiners to:

1. Be credentialed ministers (ordained, licensed, or commissioned) whose goal is to evangelize and ease the emotional pain and suffering of humanity.
2. Provide their service under the authority of a legally organized local church, a national church organization, or a 501(c)(3) not-for-profit ministry.
3. Complete specialized training provided by NLU.
4. Complete the minimum requirements for continuing education and annual license renewal.
5. Uphold NCCA’s Code of Ethical Standards and maintain annual membership in the NCCA.

The National Christian Counselors Association’s published Code of Ethical Standards outlines all the procedures involved in dismissal, revocation, probation, and reinstatement of an individual’s membership, certification, and/or license.

## **Accreditation**

The NCCA is fully accredited by the Accrediting Commission International as a comprehensive Accredited Member. For information regarding the standing of the NCCA please go to [www.accreditnow.com](http://www.accreditnow.com).

The NCCA is also fully accredited by the National Private School Accreditation Alliance. For information see [www.npsag.com](http://www.npsag.com).

## **Notice of Non-Discrimination Policy**

NLU admits students of any gender, race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students. It does not discriminate on the basis of gender, race, color, national, or ethnic origin in administration of its educational policies, and/or admission policies.

Further, NLU does not discriminate in admission or employment practices with respect to those with impaired vision, hearing, physical mobility, or age.

NLU is established in the state of Tennessee and is licensed for business under the name New Life Coaching.

## **The Arno Profile System**

As a licensure candidate, you will learn the Arno Profile System (A.P.S.) for counseling. A.P.S. is an easy-to-learn counseling technique used by thousands of lay counselors, professional counselors, and pastors throughout the United States and in several foreign countries.

The Christian counselor administers a questionnaire, which takes fewer than ten minutes for the counselee to complete. The questionnaire measures the counselee's needs, natural traits, strengths, and weaknesses according to temperament. These are identified in the computerized Arno Profile System report, providing the counselor with in-depth information and the best way to counsel the individual. The system enables a qualified counselor to identify the counselee's temperament problem faster and more accurately.



# Course Catalog

## Course Descriptions

The time element involved is approximately 40-50 clock hours per course. This depends on the candidate's own personal academic skills. Final examinations are closed book and require a proctor to ensure the integrity of the training except where otherwise listed.

### **B101 – Creation Theory**

Creation Theory is the core course of the NLU Certification program. The candidate will be provided an in-depth understanding of the theory of temperament and acquire knowledge of the scientific and biblical basis for Christian counseling. The course introduces the five temperaments and helps the student develop confidence in using the Arno profile system as a diagnostic tool. Course Style: 2 weekend intensives.

Course Requirements:           2 weekend intensives  
  Quizzes after each chapter  
  Unit One and Unit Two Final Exams

Additional Requirements:       Student is required to complete an Arno Personal Profile.  
  Student begins 6 hours of mentoring  
  Students join the SACC (\$75 membership fee).

### **B102 - Christian Counseling: Integrating Temperament and Psychology**

This course is approximately 300 pages in length. The candidate will receive general information regarding basic theories on historical systems of psychology, counseling, Biblical theories of counseling and the utilization of NCCA's counseling model, Temperament Therapy.

Course Requirements:           2 weekend intensives  
  Pass one proctored exam

### **B103 - Counseling the Codependent**

This course is approximately 160 pages in length and is accompanied by a study workbook. The candidate will receive specialized training regarding codependency, which incorporates the counseling taught by the NCCA. Course Style: 2 weekend intensives.

Course Requirements:           2 weekend intensives

Pass one proctored exam

**B104 - Basic Christian Counseling**

This course will cover, in a weekend, seminar, the material included on the Basic Counseling DVD. The instructor will provide the student with an overview of the “Big Eight” (types of secular counseling/therapeutic methods). In addition, the student will be taught the difference between Christian and secular counseling, goals, techniques, and several other important topics, such as the dangers and pitfalls of counseling.

Course Requirements:           1 weekend seminar  
  Pass a proctored final exam

**B105 - Temperament Case Studies**

This course is approximately 154 pages in length. The candidate will learn first-hand the counseling model used by the N.C.C.A. members and graduates. These case studies utilize the counseling model taught by the N.C.C.A. and also incorporate other testing instruments. Suggested time limit twelve weeks

Course Requirements:           Approximately 35 clock hours  
  Submit one case study following format

**B201 - Mastering Pastoral Counseling Utilizing Temperament**

This course is approximately 225 pages in length. The candidate will receive specific information regarding stress, anger and guilt with an emphasis on the need to develop family relationships. This course utilizes the NCCA’s counseling model, Temperament Therapy. Course Style: 2 weekend intensives.

Course Requirements:           2 weekend intensives  
  Pass one proctored exam

- At this point student will join the NCCA with a \$50 annual fee.

**B202 – The Theology of Counseling**

A recognized credential for ministry is required for Certified Pastoral Counselor or Licensed Pastoral Counselor designations. This course is designed for the student who does not hold that credential. Credential or ordained ministers may opt out of this course or replace it with an advanced course.

Course Requirement:           2 weekend intensives  
  Pass a proctored exam  
Additional Requirements:       Solution Focused Pastoral Counseling

### **B203 - Counseling Practicum**

By this time the student is full on in the intern mode. Taught by the Clinical Director of Branches, the course will involve the student in hands on counseling experiences including monitoring actual counseling session, doing in-class role playing, and utilizing the Arno Profile System.

Course Requirements:           2 weekend intensives.  
Student completes 6 hours of mentoring  
Additional Requirements:    *Boundaries* by Cloud and Townsend  
Pass a proctored final exam  
Submit 5 additional APS profiles

### **B204 – Applied Suicide Intervention Skills Training**

The student is equipped to assess the danger of, and offer intervention for, suicide prone clients.

Course Requirements:           1 weekend intensive  
Pass a proctored closed book exam.  
Additional Requirements:    Written class assignment.

### **B205 – Quality, Ethics, and Legal Issues**

The student is trained in the legalities of working with clients. This course clarifies what are appropriate and what are not appropriate counseling techniques. It also outlines the different legal issues common to this practice.

Course Requirements:           35 hours  
Submit Research Paper  
Pass an open book exam

## Elective Course List

### **B301 – Integrating Pastoral Counseling With Christian Coaching**

The student is trained in the nuances of pastoral counseling versus Christian life coaching. This survey covers the sweeping evolution of these helps disciplines.

Course Requirements:        2 weekend intensive  
   Pass a proctored exam  
Additional Requirements:    Written 3 page report on selected outside reading

### **B302 – Grief Counseling**

A primary place to meet the broken hearted is at the intersection of life and loss. Grief counseling provides one of the best opportunities to introduce the client to the healthy healing that God can and does give, when combined with a good understanding of loss and trauma.

Course Requirements:        2 weekend seminars (suggested 10-15 hours.)  
   Research project.

### **LC303 – Basic Life Coaching Training**

This eight-session interactive coaching class is available online or in a classroom setting. Students will learn the terms, techniques, and tools of Life Coaching. They will understand how to apply Life Coaching principles to their own life and to build a coaching practice.

Course Requirements:        16 hours of instruction  
Additional Requirements:    6 buddy coaching sessions.  
   Read *Christian Coaching* by Gary Collins.  
   *Co-Active Coaching* by Kathy Whitworth

(Both Life Coaching courses require a minimum of 6 students. Interested students should put their name on a list with the Dean. When enough students enroll, the course will be offered.)

### **LC304 – Advanced Life Coaching Training**

This eight-session interactive coaching class is available online or in a classroom setting. Students will learn the terms, techniques, and tools of Life Coaching. They will understand how to apply Life Coaching principles to their own life and to build a coaching practice.

Course Requirements:        16 hours of instruction  
Additional Requirements:    6 buddy coaching sessions.  
   Read *Get Clients Now* by Gary Collins.  
   *Co-Active Coaching* by Kathy Whitworth

### **SI404 – Theophostic Prayer Ministry Basic Training**

In addition to discussion time, this course will cover, on DVD, 12 hours of instruction by Dr. Ed Smith. The student will be introduced to the basics of a prayer healing ministry, including working with individuals who are DID (Dissociative Identity Disorder).

*Completing this course does NOT qualify one to become a Theophostic Prayer Minister, nor will the student receive a certificate for having completed the training until fulfilling the requirements in SI405 TPM Facilitator Training.*

Course Requirements:           3 Intensive weekends  
View Basic Training Seminar 2007  
Read 238-page Basic Seminar Manual  
Read 205-page Basic Seminar Student Workbook  
Read the "Forgiveness" chapter in the book [\*Healing Life's Hurts\*](#). (A free download is available at [theophostic.com](http://theophostic.com).)

### **SI405 – Theophostic Prayer Ministry Facilitator Training and Practice**

**Prerequisite:** Completion of SI404 – TPM Basic Training

This course provides opportunity to view and discuss Theophostic Ministry demonstrations on DVD. The students will then practice administering and receiving TPM with each other under the supervision of a trained and experienced facilitator.

Course Requirements:           3 Intensive Weekends  
View 7 Ministry Demonstrations (on DVD)  
Read 80-page Ministry Demonstration Student Workbook  
Pass a Multiple Choice Exam

# NLU Advanced Courses

NLU is glad to offer a list of Advanced Course work that may be taken as part of a degree or certification program or as individual course. All enrollment and academic policies must be followed. Course offerings may change from time to time. Call a NLU academic advisor for more information.

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Inner Healing Prayer  
Emotional Eating Support  
Passion, Person, Purpose, and Planning  
Positive Parenting  
Grief Recovery with Biblical Counseling

# NCCA Advanced Certifications/Courses

Certain Advanced Courses may be grouped together to earn additional certifications for particular issues of interest. Below are a few examples. Note: These courses only need to be taken in a group if desiring Board Certification. Otherwise, they can be taken separately.

## *Integrated Marriage and Family Therapy*

- Integrated Temperament Therapy
- Marriage and Family Counseling
- Pre-Marital Counseling
- The Father-Daughter Connection

## *Child and Adolescent Therapy*

- Counseling Families
- Counseling and Children
- Counseling Youth
- Counseling and the Search for Meaning

## *Substance Abuse and Addiction Therapy*

- Counseling for Substance Abuse and Addiction
- Counseling Adult Children of Alcoholics
- Counseling for Problems of Self-Control
- Counseling Eating Disorders

### ***Sexual Therapy***

- Counseling for Sexual Disorders
- Counseling and Homosexuality
- Unplanned Pregnancy
- Counseling for Problems of Self-Control

### ***Death and Grief Therapy***

- Counseling the Sick and Terminally Ill
- Anger
- Joy in the Midst of Mourning
- Counseling Families with Disabilities

### ***Cognitive Therapy and Ethics***

- Cognitive Therapy Techniques
- Life's Answers
- Quality, Ethics, and Legal Issues
- Making Life Healing Changes

### ***Crisis and Abuse Therapy***

- Family Violence and Abuse
- Counseling in Times of Crisis
- Anger
- Counseling the Depressed

For more information talk to your NLU advisor about Advanced Certification.

# Certification and Degree Options

## **PROGRAM 1: PASTORAL CERTIFICATION AND LICENSE**

This program requires 10 core courses. At the end of this program, the candidate will receive Certifications in Temperament and Pastoral Counseling as well as the Clinical (non-clergy) or Professional Clinical Membership (clergy) in the NCCA and be designated a Licensed Pastoral Counselor. A BA is available for those wishing to pursue a degree. For those on the degreed path, the BA and MA is a combined program. The BA is considered invalid if the MA requirements are not fulfilled. If working toward the BA and MA, there are 2 additional classes that must be taken.

## **PROGRAM 2: COMBINED LICENSE AND DEGREE PROGRAM**

This program requires 10 core courses and 4 elective courses. At the end of this program, the candidate will receive Certification in Temperament and Pastoral Counseling as well as Clinical (non-clergy) or Professional Clinical Membership (clergy). Additionally, candidate will receive up to Licensed Clinical Pastoral Counselor status and up to a Master of Arts Degree from a partnering University. (Master's will require 4 additional electives.) When the candidate continues on with the Master's level courses, candidate will receive Appropriate Board Certification for selected Specialty and Master of Arts in Clinical Christian Counseling.

\*\* If pursuing a degreed program, it is vital that student meet with a NLU adviser and establish the exact course requirements at the time of enrollment. It is also advised that the student meet annually to review progress toward the degree and monitor requirements.

## **PROGRAM 3: THE MASTERS LIFE COACHING CERTIFICATION**

This is an 8-course certification program. Course requirements are Temperament Theory, Basic Christian Counseling, Case Studies, Temperament Therapy, BASIC Life Coaching, Advanced Life Coaching, and Passion, Purpose, and Planning, and Testing/Measurements. At the end of this program the candidate will receive NLU Master of Life Coaching Certification and Certification as a Temperament Therapist.



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# Program 1:

## Pastoral Certification/License/BA (optional)

This program requires 14 courses. At the end of this program, the candidate will receive Certifications in Temperament and Pastoral Counseling as well as the Clinical (non-clergy) or Professional Clinical Membership (clergy) in the NCCA and be designated a Licensed Pastoral Counselor.

### Pastoral Certification/License/BA – Year I

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*Each candidate must complete the following 5 courses:*

- |  |                |
|--|----------------|
| ❖ Creation Therapy   | Fall Q         |
| ❖ Christian Counseling: Integrating Temperament and Psychology | Winter Q       |
| ❖ Counseling the Codependent                                   | Spring Q       |
| ❖ Basic Counseling   | Summer Q       |
| ❖ Temperament Case Studies                                     | Directed Study |

#### *Additional Requirements*

Each Candidate must:

- ❖ Complete a practicum. This consists of administering the A.P.S. to 10 individuals under the direction of an assigned and approved clinical supervisor. Plus 3 hours supervision.
- ❖ Upon completion of the required courses, submit the following:
  - A. Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
  - B. \$75 for first year's annual SACC dues
  - C. A signed application for Certification/Membership form and a signed copy of NCCA's Code of Ethical Standards.

After completing the above material, you will receive:

- \* Certified Temperament Counselor

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### Pastoral Counseling/License/BA - Year II

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*Each candidate must complete the following 5 courses:*

- |                                     |                |
|-------------------------------------|----------------|
| ❖ Mastering Pastoral Counseling     | Fall Q         |
| ❖ Theology of Pastoral Counseling   | Winter Q       |
| ❖ Counseling Practicum              | Spring Q       |
| ❖ Suicide Intervention              | Summer Q       |
| ❖ Quality, Ethics, and Legal Issues | Directed Study |

### ***Additional Requirements***

Each candidate must:

- ❖ Complete four electives and an experience requirement of administering the A.P.S. to 15 additional individuals under the direction of an assigned and approved clinical supervisor.
- ❖ Student must have completed 6 hours of individual mentoring. (3 should have been completed the first year)
- ❖ Upon completion of the required courses, submit the following:
  - A. A signed application for NCCA license. The Notification and Release Form for Personal National Screening. This form authorizes BETA to secure a national background check to verify each candidate's history.
  - B. A licensing fee of \$100.
  - C. If working on BA degree, a 500-question open book equivalency exam on the Bible (Old and New Testaments – KJV).

After successfully completing all of the requirements for Program I, the candidate will (Assuming everything is in order) receive:

- Certified Pastoral Counselor (non-degreed)
- Licensed Pastoral Counselor (holds a Bachelors)
- Licensed Clinical Pastoral Counselor (holds a Masters)
- Clinical Member of NCCA.
- Licensed Clinical Pastoral Counselor-Advanced Certified (holds a Doctorate)
- Students desiring BA have now met all requirements. At this time we will need a letter authorizing NLU to transfer academic records to approved college. (We have a list of colleges to choose from. It's student's choice)
- Students desiring BA will also need to pay \$1500 matriculation & transferring fee payable to: New Life College Fund

Annual membership and license renewal is required. Membership is \$50 per year and license renewal is \$20 per year (total \$70). A signed affidavit verifying continuing education must be submitted annually for license renewal.

**\* Candidates who are already ordained, licensed or commissioned as a minister of the gospel are automatically exempt from this course. Candidates who are not already ordained, licensed or commissioned as a minister of the gospel may be required to complete this course through the National Conservative Christian Church and become commissioned as a Minister of Counseling.**

# Program 2:

## Combined License and MA Program

While it is not the intention of NLU to be a degree conferring institution, we are pleased to offer degree completion programs and life skills related degrees in partnership with a list of accredited colleges and universities.

The Combined License and MA Degree Program requires 10 core courses and 2 or 4 elective courses (depending on which program one is in). At the end of this program, the candidate will receive Pastoral Counseling as well as Clinical (non-clergy) or Professional Clinical Membership (clergy). Additionally, candidate will receive up to Licensed Clinical Pastoral Counselor status and a Master of Arts Degree from partnering University. If the candidate continues on with the Master level courses, candidate will receive Appropriate Board Certification for selected Specialty classes.

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### Combined License and MA Program

Candidate will complete all of the course and administrative requirements of Program 1. In addition, each candidate must complete the following 2 courses:

Cognitive Therapy Techniques

Pastoral Counseling and Christian Coaching

\* Candidate must complete 2 elective courses listed in catalog.

#### *Additional Requirements*

Each candidate must:

- Upon completion of the required courses, submit the following:
  - A. One copy of a written thesis. This normally consists of 25 reports (case studies) developed from the candidate's work with 25 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
  - B. A letter authorizing NLU to transfer the academic records to the approved college.
  - C. Matriculation and transfer fees of \$1500 payable to: The New Life College Fund.

After successfully completing the requirements for Program 2 candidate will receive:

- Licensed Clinical Pastoral Counselor
- Clinical Member of NCCA
- \* Master of Arts in Clinical Christian Counseling

Annual membership and license renewal is required. Membership is \$50 per year and license renewal is \$20 per year (total \$70). A signed affidavit verifying continuing education must be submitted annually for license renewal.

**\*Ministry requirements are still applicable.**

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## **Program 3: Temperament Certification and Life Coaching Certification**

For individuals interested in Life Coaching, NLU offers a life coaching track. Candidate must take Creation Therapy, Basic Christian Counseling, and Christian Psychology and complete all administrative requirements from Year 1 of Program 1. Student also must take Counseling Practicum and Suicide Prevention.

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### **Temperament Certification and Life Coaching Certification Program**

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In year 2 each candidate must complete:

- Life Coaching Basic Training.
- Advanced Life Coach Training.
- Passion, Person, Purpose, and Planning Training.
- Upon completion of the required courses, submit the following:
  - Complete 6 Life Coaching Interviews.
  - Complete six hours of mentoring with one of the NLU Life Coaches..

After completing all of the requirements for Program I, the candidate will receive professional designation of:

- Certified Temperament Counselor
- Certified Masters Life Coach

Annual Christian Coaching Federation membership required. Membership is \$50 per year. A signed affidavit verifying continuing education must be submitted annually for license renewal.

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## **Tuition, Fees, and Matriculation**

There is a \$100 non-refundable application fee due upon submission of the application for enrollment. This fee covers administrative costs and the cost of a background check for each student.

The tuition for each Phase I and Phase II course is \$275. Candidates are expected to pay for each course at the time of registration. Visa and MasterCard accepted.

Clinical Supervisors are to be paid \$50 per hour and every candidate must complete six (6) hours of supervision/mentoring. Life Coaching Mentoring is \$50 per hour. These fees are paid directly to the supervisory organization.

Each Arno Profile is completed at a cost to the student of \$30. Student may charge clients for the profiles.

For the Degree Programs the following matriculation fees apply.

Bachelor of Arts	Christian Counseling	\$1500
Master of Arts	Clinical Christian Counseling	\$1500

Matriculation fees are paid to New Life College Fund but go directly to the school of choice. A list of partnering institutions is available upon request.

Upon completion of Phase II in any program there is a \$100 licensing fee payable to the NCCA. This fee is required along with the Notification and Release Form for Personal National Screening.

## **Course Exemption**

Upon written request, exemption from one or more of the standard courses may be awarded. Consideration is based on the individual's academic history as evidenced by documentation (resume and transcripts) and life experience. Application should be made to NLU's Evaluation Committee PRIOR to enrollment.

## **New Life University Cost Worksheet**

This is an example of a typical NLU program. Actual costs may vary according to program chosen and level of certification sought. NLU requires a \$100 non-refundable enrollment fee with must accompany the completed enrollment packet. Tuition is \$275 per course and is due 15 days before the semester begins. Tuition for all advanced courses is \$250 per class. Tuition may be paid by credit card or check. There is a \$20 fee for all returned checks.

In addition to tuition, the candidate will be assigned to a clinical supervisor for a total of six hours. The fee for clinical supervision is \$50 per hour. The candidate will be required to complete a total of 25 Arno Temperament Profiles at a cost of \$30 each. After year one, the student may charge for administering the profiles to clients as a means of reimbursement. (Branches charges \$40 per profile.)

- Final graduation will require membership in the NCCA. Membership application fee is \$100. (Annual membership dues for NCCA is currently \$50.)
- Licensure will require commission by the National Conservative Christian Church, unless done through a local congregation. Membership in the NCCC is \$100 and \$75 per year annual dues.

On the next page is an estimated total cost for completion of the NLU Christian Counseling Training Program. This is only an estimate and could change based on specific student needs, the addition of required courses based on academic history, and desire for degree completion by the student.

**New Life University Estimated Cost Breakdown**

**Year 1**

<b>Application Fee</b>	<b>\$100</b>
<b>5 Core Courses @ \$275 each</b>	<b>\$1375</b>
<b>10 APS Profiles @ \$30 each</b>	<b>\$300</b>
<b>3 Hours Supervision @ \$50 each</b>	<b>\$150</b>
<b>SACC Membership</b>	<b>\$75</b>
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<b>First Year Cost</b>	<b>\$2000</b>

**Year 2**

<b>5 Core Courses @ \$275 each</b>	<b>\$1375</b>
<b>15 APS Profiles @ \$30 each</b>	<b>\$450</b>
<b>3 Hours Supervision @ \$50</b>	<b>\$150</b>
<b>NCCA Licensing Fee</b>	<b>\$75</b>
	-----
<b>Second Year Cost</b>	<b>\$2050</b>

**Degree Programs**

**Additional Courses needed are \$275 each**  
**Matriculation Fee for required degree \$1500 each**



# NLU Enrollment Application Packet

## INSTRUCTIONS

We would like to take this opportunity to welcome you as a candidate to New Life University and to NCCA Certification, Membership, and Licensing. Please retain these instructions for further reference.

### DUE BEFORE FIRST SEMESTER

Before enrolling you will need to submit the following:

1. \_\_\_\_\_ Completed NLU Application and Registration Form
2. \_\_\_\_\_ A current resume'
3. \_\_\_\_\_ Personal photo
4. \_\_\_\_\_ A photocopy of your highest diploma or degree earned or transcripts of classes taken
5. \_\_\_\_\_ A completed personal A.P.S.
6. \_\_\_\_\_ Three letters of reference
7. \_\_\_\_\_ Payment of \$100 NLU application fee
8. \_\_\_\_\_ Statement of "Why I want to become a certified Christian counselor
9. \_\_\_\_\_ Quarter 1 Tuition paid in full

### DUE UPON COMPLETION OF SECOND SEMESTER

1. \_\_\_\_\_ Application for Certification and Membership to NCCA
2. \_\_\_\_\_ Completed answers to 50 Board Questions
3. \_\_\_\_\_ Signed copy of BOARD OF ETHICAL STANDARDS
4. \_\_\_\_\_ All Tuition payments current

### DUE UPON COMPLETION OF SECOND YEAR

1. \_\_\_\_\_ Notification of Release for national screening
2. \_\_\_\_\_ Application for Certification or License
3. \_\_\_\_\_ 25 APS profiles (and case studies if studying for MA)
4. \_\_\_\_\_ A copy of ministerial commissioning
5. \_\_\_\_\_ Verification of completion by your clinical supervisor
6. \_\_\_\_\_ Payment of \$100 NCCA Application Fee

Your file will be open to you at anytime in the university administrative office. It will be your responsibility to see that all necessary documents are submitted and filed. Please note it is much easier to stay current with your file and clinical work than to try to catch up as the program comes to a close.



***New Life University  
Enrollment Application***

***1102 Dow Street  
Murfreesboro, TN 37130***

Please type or print. Mail your entire packet to the address above.  
Submit application with \$100 application fee at least 15 days before the start of the semester in which you plan to enroll.

Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Gender: M\_\_\_\_\_ F\_\_\_\_\_

(New Life University does not make enrollment decisions based on age, race, sex, or national origin.)

Highest Earned Degree: \_\_\_\_\_  
Place and Date of High School Diploma: \_\_\_\_\_  
Place and Date of College Credits Earned: \_\_\_\_\_  
Place and Date of Graduate Credits Earned: \_\_\_\_\_  
Place and Date of Post-Graduate Work: \_\_\_\_\_

Do you profess a relationship with Jesus Christ? \_\_\_\_\_  
Are you a credential minister? \_\_\_\_\_  
With what church or denomination? \_\_\_\_\_

Current Occupation:  
How long have you been at your current job? \_\_\_\_\_

Marital Status? Married \_\_\_\_\_ Single \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_  
Spouses name? \_\_\_\_\_  
Children's Names: \_\_\_\_\_  
\_\_\_\_\_

Have you had any previous training in Christian counseling? Please explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had any training in personality or temperament testing? \_\_\_\_\_  
\_\_\_\_\_

Please Answer Briefly:  
Why do you want to be a counselor?

How do feel this program will benefit you?

What are your goals for counseling ministry?

What is your current involvement in ministry or in your church?

Have you ever been convicted of a felony? Please explain:

Do you have any physical or emotional issues that should be considered?

How did you become aware of NLU?

Signed \_\_\_\_\_  
Date: \_\_\_\_\_

**NEW LIFE UNIVERSITY  
Academic Calendar**

<b>2018</b>	
September 14-15	B101 Creation Therapy
September 21-22	B203 Mastering Pastoral Counseling
November 2-3	B101 Creation Therapy B203 Mastering Pastoral Counseling
<b>2019</b>	
January 11-12	B102 Christian Counseling: Integrating Temperament B201 Theology of Counseling
March 1-2	B102 Christian Counseling: Integrating Temperament B201 Mastering Pastoral Counseling
April 26-27	B103 Counseling the Codependent B202 Theology of Counseling
June 7-8	B103 Counseling the Codependent B202 Theology of Counseling
June-July	B105 Temperament Case Studies (independent study) B205 Quality, Ethics, and Legal Issues (independent study)
May 19	NLU Graduation
August 9-10	B104 Basic Christian Counseling B204 Applied Suicide Intervention
August 18	NLU Orientation
September 20-21	B101 Creation Therapy B201 Mastering Pastoral Counseling
November 8-9	B101 Creation Therapy B201 Mastering Pastoral Counseling
<b>2020</b>	
January -March	B102 Christian Counseling: Integrating Temperament B202 Theology of Counseling
April-June	B103 Counseling the Codependent B203 Counseling Practicum
June-July	B105 Temperament Case Studies (independent study) B205 Quality, Ethics, and Legal Issues (independent study)
May 18	NLU Graduation
August	B104 Basic Christian Counseling B204 Applied Suicide Intervention
September-November	B101 Creation Therapy B201 Mastering Pastoral Counseling