



NEW LIFE UNIVERSITY

**1102 Dow Street
Murfreesboro, TN 37130**

Dear Prospective Student:

Thank you for your interest in New Life University, an educational and training organization for Christian counselors. The faculty and staff at NLU are committed to preparing men and women of God to counsel the hurting with biblical excellence, academic professionalism, and spiritual sensitivity. We are excited about beginning this journey with you. Together we will fulfill our calling to make a difference in the Kingdom of God.

This packet includes all the course descriptions, forms, and financial information you need to begin your training program. Please read through everything carefully. The material is provided to help give you a good understanding of NLU and the National Christian Counseling Association. If you have any questions, feel free to call at any time.

Our academic year begins September 1 and consists of four quarters. Fall quarter is September 1 through December 31. Winter quarter is January 1 through March 31. Spring quarter is April 1 through June 30. And Summer session is July 1 to August 31. Your completed enrollment package must be in our office at least 15 days before the start of your first session.

Again, thank you for your interest in New Life, and God bless you in your goal to serve Him and His people.

Warmly In His Hands,

Mike Courtney, Ph.D.
New Life University

NEW LIFE UNIVERSITY

Training Program for Christian Counselors

The policies, fees, and requirements outlined in this catalog supersede all previous publications effective November 17, 2021. NLU materials are proprietary and protected by copyright. Some courses are copyrighted by the National Christian Counselors Association and are offered by permission.

The NLU program offers credentialing for pastoral counselors through the National Christian Counselors Association. The NCCA certification/licensing program is not to be identified nor confused with state licensing in any way. It is intended for a person who wants to practice as a servant of the Body of Christ. The authority to counsel, while recognized by the State, is granted by the Church. In addition to the training offered by NLU, the NCCA requires a ministerial credential to complete the program.

NLU is an educational and training organization for Christian counselors. New Life includes ministers, professional Christian counselors, testing specialists, medical doctors, attorneys, and educators. The staff of NLU has committed themselves to the Lord Jesus Christ and believes that counseling is vain, unless it is founded upon and directed by the Word of God.

NLU is a totally different organization from Branches Counseling Center. While we share personnel and a common core value, NLU has a separate board of directors, a separate operating charter, and is careful not to be confused with Branches.

The main purpose of NLU is to provide quality training for pastors and Christians who feel God's call to counsel. Our training results in credentials that the community (Christian and non-Christian) will recognize, but the authority and call to Christian service has always been in the Holy Spirit of God.

New Life University
Board of Directors

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Our Mission

The mission of New Life University is to provide quality training that brings together the best of Biblical counseling and secular education. We believe that counseling is the new evangelism, that hurting, broken people are a harvest field in need of the healing power of God and His church. By training godly counselors NLU is not only living out its own mission but fulfilling the Great Commission. NLU training benefits anyone who desires to help others, make a difference in his/her world, and live out the call of Christ to reach the lost, heal the brokenhearted, and care for the hurting in our world.

Potential Ministerial Fellowships for Credentialing

Paragon Christian Alliance International
2149 HWY 139
Monroe, LA 71203
(866) 269-5600
www.paragonchristianalliance.org
info@pragonchristianalliance.org

International Fellowship Ministries
22722 29th Dr. SE#100
Bothell, WA 98021
(425) 780-4471
www.ifm7.org
ifm@ifm7.org

Experience Ministries
PO Box 787
Cookeville, TN 38503
(423) 558-0808
<https://experienceordination.org/>
Support@ExperienceOrdination.org

Frequently Asked Questions

Who Can Benefit from NLU Training?

The training adjusts to meet the needs of Christians with different goals, including:

- Christians who want to be better equipped to minister to those who need counsel.
- Pastors who want to learn how to counsel members of their community who are experiencing problems.
- Christians who want to be credentialed and enter the field of counseling as a part-time or full-time ministry.
- Professional counselors who want to become A.P.S. certified and learn a Biblically-based counseling model with proven success.

How NLU Credentials Help You Personally and Professionally?

Potential counselors often ask about the benefits of the training and obtaining certification or license from NLU. The main benefit is knowledge. The training you receive provides a deep spiritual insight into understanding human behavior and relating to others. This knowledge is valuable in every area of life, including your ability to help those who are hurting.

In addition, the certification or license can open many doors. Having NLU and NCCA credentials ensures that you are recognized within your community as a qualified Christian/Pastoral counselor. The community can be assured that your credentials are authentic and current.

Other benefits available to NLU members include qualifying for professional liability insurance, networking with other counselors, and the opportunity to earn continuing education credits at seminars and conferences. In addition, NLU offers assistance to its graduates with regard to degree transfer work and fulfillment of academic goals.

****The faculty and staff of New Life University reserve the right to withhold licensure from students regardless of their academic achievements if we believe, with cause, that such students may lack the emotional or spiritual maturity necessary to qualify them to counsel other people safely and effectively. Such an action is very rare and would be open to discussion and appeal with the student in question.****

Christian Certification and Licensing

NCCA certification is not a state license and is, in fact, **distinctly different**. Most states have regulatory laws governing the practice of psychology. Many of them may also legislate the practice of general counseling. The laws vary from state to state. For example, some states have a counselor category called “Licensed Professional Counselor.” Therefore, NLU requires its counselors to clearly identify their license, e.g. “NCCA Licensed Pastoral Counselor” or “NCCA Licensed Clinical Christian Counselor.” This ensures that the NLU counselor is operating within legal and ethical standards and is maintaining the public’s trust and confidence.

State regulatory laws help to protect the public and ensure professionalism within the counseling profession. The NCCA and NLU strive to attain a similar goal within the Christian community and, at the same time, operate so as to avoid infringing upon state regulations.

The state and federal governments also have jurisdictional boundaries. They do not pass laws that prevent the Church from fulfilling its purpose of ministering to humanity’s needs. The state recognizes that counseling is one of the responsibilities of the Church and its clergy. For this reason, the state does not interfere with the Ministry of Counseling.

NCCA requires all who are certified by the NCCA Licensing Board of Examiners to:

1. Be credentialed ministers (ordained, licensed, or commissioned) whose goal is to evangelize and ease the emotional pain and suffering of humanity.
2. Provide their service under the authority of a legally organized local church, a national church organization, or a 501(c)(3) not-for-profit ministry.
3. Complete specialized training provided by NLU.
4. Complete the minimum requirements for continuing education and annual license renewal.
5. Uphold NCCA’s Code of Ethical Standards and maintain annual membership in the NCCA.

The National Christian Counselors Association’s published Code of Ethical Standards outlines all the procedures involved in dismissal, revocation, probation, and reinstatement of an individual’s membership, certification, and/or license.

Accreditation

The NCCA is fully accredited by the Accrediting Commission International as a comprehensive Accredited Member. For information regarding the standing of the NCCA please go to www.accreditnow.com. The NCCA is also fully accredited by the National Private School Accreditation Alliance. For information see www.npsag.com.

Notice of Non-Discrimination Policy

NLU admits students of any gender, race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students. It does not discriminate on the basis of gender, race, color, national, or ethnic origin in administration of its educational policies, and/or admission policies.

Further, NLU does not discriminate in admission or employment practices with respect to those with impaired vision, hearing, physical mobility, or age.

NLU is established in the state of Tennessee and is licensed for business under the name New Life Coaching.

Course Catalog

Course Descriptions

The time element involved is approximately 40-50 clock hours per course. This depends on the student's own personal academic skills. Final examinations are closed book and require a proctor to ensure the integrity of the training except where otherwise listed.

B101 – Creation Therapy

Creation Therapy is the foundation course. It provides an in-depth understanding of the theory of temperament and knowledge of the scientific and biblical basis for Christian counseling. The course also introduces the five temperaments and helps the student develop confidence in using the Arno Profile System as a diagnostic tool.

Course Requirements: 2 weekend intensives
 Unit One and Unit Two Final Exams
Additional Requirements: Student begins supervision hours
 Students join the SACC (\$75 membership fee)

B102 - Christian Counseling: Integrating Temperament and Psychology

This course is approximately 300 pages in length. The student will receive general information regarding basic theories on historical systems of psychology, counseling, Biblical theories of counseling and the utilization of the NCCA's counseling model, Temperament Therapy.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B103 - Counseling the Codependent

This course is approximately 160 pages in length and is accompanied by a study workbook. The student will receive specialized training regarding codependency, which incorporates the counseling taught by the NCCA.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B104 - Basic Christian Counseling

This course is formatted as an online video or DVD consisting of four hours of instruction. The student will learn the difference between Christian and secular counseling, goals, techniques, and several other important topics, such as the dangers and pitfalls of counseling.

Course Requirements: 1 weekend seminar
 Pass end of course exam

B105 - Temperament Case Studies

This course is approximately 154 pages in length. The student will learn first-hand the counseling model used by the N.C.C.A. members and graduates. These case studies utilize the counseling model taught by the N.C.C.A. and incorporate other testing instruments.

Course Requirements: Approximately 35 clock hours
 Submit one case study following format

B201 - Mastering Pastoral Counseling Utilizing Temperament

This course is approximately 225 pages in length. The student will receive specific information regarding stress, anger and guilt with an emphasis on the need to develop family relationships. This course utilizes the NCCA's counseling model, Temperament Therapy.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B202 – The Theology of Counseling

A recognized credential for ministry is required for Certified Pastoral Counselor or Licensed Pastoral Counselor designations. This course is designed for the student who does not hold that credential. Credentialed or ordained ministers may opt out of this course or replace it with an advanced course.

Course Requirement: 2 weekend intensives
 Pass a proctored exam
Additional Requirements: Solution Focused Pastoral Counseling

B203 - Counseling Practicum

By this time the student is full on in the intern mode. Taught by the Clinical Director of Branches, the course will involve the student in hands-on counseling experiences, including in-class role playing and utilizing the Arno Profile System.

Course Requirements: 2 weekend intensives
Student completes 6 hours of mentoring
Additional Requirements: *Boundaries* by Cloud and Townsend
Pass a proctored final exam

B204 – Applied Suicide Intervention Skills Training

The student is equipped to assess the danger of and offer intervention for suicide prone clients.

Course Requirements: 1 weekend intensive
Pass a proctored closed book exam
Additional Requirements: Written class assignment

B205 – Quality, Ethics, and Legal Issues

The student is trained in the legalities of working with clients. This course clarifies what are appropriate and what are not appropriate counseling techniques. It also outlines the different legal issues common to this practice.

Course Requirements: 35 clock hours
Additional Requirements: Attorney interview/court observation experience

Faith-Based Courses for Advanced Certification

Integrated Marriage and Family Therapy

1. Marriage and Family Counseling – An Integrated Approach
2. Integrated Temperament Couple Therapy
3. Pre-Marriage Counseling With Temperament
4. The Father-Daughter Connection

Child and Adolescent Therapy

1. Counseling Families
2. Counseling and Children
3. Counseling Youth
4. Counseling and The Search for Meaning*

Substance Abuse and Addiction Therapy

1. Counseling for Substance Abuse and Addiction
2. Counseling Adult Children of Alcoholics
3. Counseling for Problems of Self-Control
4. Counseling Those With Eating Disorders

Sexual Therapy

1. Counseling for Sexual Disorders
2. Counseling and Homosexuality
3. Counseling for Problems of Self-Control
4. Counseling for Unplanned Pregnancy & Infertility

Death and Grief Therapy

1. Counseling the Sick and Terminally Ill
2. Counseling for Post-Traumatic Stress Disorder
3. Joy — In The Midst of Mourning
4. Counseling Families of Children With Disabilities

Cognitive Therapy and Ethics

1. Cognitive Therapy Techniques
2. Life's Answers Through Counseling With God*
3. Quality, Ethics, and Legal Issues In Christian Counseling*
4. Making Life Healing Changes

Crisis and Abuse Therapy

1. Counseling for Family Violence/Abuse
2. Counseling in Times of Crisis*
3. Counseling for Anger
4. Counseling the Depressed

Temperament Therapy

1. Temperament Case Studies*
2. Life's Answers Through Counseling With God*
3. Living in the Spirit—Utilizing Temperament
4. Counseling the Codependent: A Christian Perspective Utilizing Temperament*

Domestic Violence and Intervention Therapy

Applicant must hold a Master's degree or higher, be licensed by the N.C.C.A. and be Advanced Certified in Crisis and Abuse Therapy as well as completing the following five courses:

1. Temperament Case Studies*
2. Counseling for Substance Abuse and Addiction
3. Counseling for Problems of Self-Control
4. Counseling Families
5. Counseling and Self-Esteem

Group Therapy

Applicant must hold a Master's degree or higher, be licensed by the N.C.C.A. and be Advanced Certified in Integrated Marriage & Family Therapy in order to qualify for this specialty area of Advanced Certification. Then, the candidate must complete one additional course entitled Group Therapy

Certification and Degree Options

PASTORAL COUNSELING NON-DEGREE PROGRAM

This is a 10-course program that is completed in two phases. Upon successful completion, the student will receive Certification in Temperament Counseling as well as Professional Clinical (clergy) membership in the NCCA. The student will also qualify to become a nationally credentialed pastoral counselor.

PASTORAL COUNSELING DEGREE PROGRAM

This program is completed in three phases. Students pursuing a Bachelors must take a total of 12 courses. Students pursuing a Masters must take a total of 10 courses. Students pursuing a Doctorate must take a total of 14 courses. Students need to meet with an NLU advisor to establish the exact course requirements at the time of enrollment. It is also advised that students meet annually with your advisor to review progress toward the degree and monitor requirements.

Pastoral Counseling Non-degree Program

Year I

Each student must complete the following 5 courses:

- | | |
|---|-------------------|
| ❖ Creation Therapy | Fall Q |
| ❖ Christian Counseling: Integrating Temp and Psychology | Winter Q |
| ❖ Counseling the Codependent | Spring Q |
| ❖ Basic Christian Counseling | Summer Q |
| ❖ Temperament Case Studies | Independent Study |

Additional Requirements

Each student must:

- ❖ Complete clinical requirement of administering the A.P.S. to 10 individuals under the direction of an assigned and approved clinical supervisor. Plus 3 hours of supervision.
- ❖ Upon completion of Creation Therapy, submit \$75 for SACC membership.
- ❖ After completing Basic Christian Counseling, Creation Therapy and Christian Counseling: Integrating Temperament and Psychology, submit the following to complete NCCA Phase I:
 - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
 - \$50 payment for NCCA membership dues
 - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards

After successfully completing NCCA Phase I, the student will qualify to become a **Certified Temperament Counselor**

Year II

Each student must complete the following 5 courses:

- | | |
|-------------------------------------|-------------------|
| ❖ Mastering Pastoral Counseling | Fall Q |
| ❖ Theology of Counseling* | Winter Q |
| ❖ Counseling Practicum | Spring Q |
| ❖ Suicide Intervention | Summer Q |
| ❖ Quality, Ethics, and Legal Issues | Independent Study |

Additional Requirements

Each student must:

- ❖ Complete clinical requirement of administering the A.P.S. to 15 additional individuals under the direction of an assigned and approved clinical supervisor. Plus 3 more hours of supervision
- ❖ After completing Mastering Pastoral Counseling, you can submit the following to complete NCCA Phase II:

- A signed application for NCCA license
- Ministerial credentials
- The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
- A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

*** students who are already ordained, licensed or commissioned as a minister of the gospel are automatically exempt from this course.**

Pastoral Counseling Degree Program

While it is not the intention of NLU to be a degree conferring institution, we are pleased to offer degree completion programs in partnership with a list of accredited schools.

Year I

Each student must complete the following 5 courses:

- | | |
|---|-------------------|
| ❖ Basic Christian Counseling | Summer Q |
| ❖ Creation Therapy | Fall Q |
| ❖ Christian Counseling: Integrating Temp and Psychology | Winter Q |
| ❖ Counseling the Codependent | Spring Q |
| ❖ Temperament Case Studies | Independent Study |

Additional Requirements

Each student must:

- ❖ Complete clinical requirement of administering the A.P.S. to 10 individuals under the direction of an assigned and approved clinical supervisor. Plus 3 hours of supervision.
- ❖ Upon completion of Creation Therapy, submit \$75 for SACC membership.
- ❖ After completing Basic Christian Counseling, Creation Therapy and Christian Counseling: Integrating Temperament and Psychology, submit the following to complete NCCA Phase I:
 - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
 - \$50 payment for NCCA membership dues
 - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards.

After successfully completing NCCA Phase I, the student will qualify to become a **Certified Temperament Counselor**

Year II

Each student must complete the following 5 courses:

- | | |
|-------------------------------------|-------------------|
| ❖ Mastering Pastoral Counseling | Fall Q |
| ❖ Theology of Pastoral Counseling* | Winter Q |
| ❖ Counseling Practicum | Spring Q |
| ❖ Suicide Intervention | Summer Q |
| ❖ Quality, Ethics, and Legal Issues | Independent Study |

Additional Requirements

Each student must:

- ❖ Complete clinical requirement of administering the A.P.S. to 15 additional individuals under the direction of an assigned and approved clinical supervisor. Plus 3 more hours of supervision

- ❖ After completing Mastering Pastoral Counseling, you can submit the following to complete NCCA Phase II:
 - A signed application for NCCA license
 - Ministerial credentials
 - The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
 - A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

***Ministry requirements are still applicable.**

Bachelors

If you hold a HS diploma or an Associate's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of the two-year plan and successfully complete the following two courses:

- Cognitive Therapy Techniques
- another NCCA advanced course (consult NLU advisor)

Each student must also submit the following for degree conferral:

1. An open-book Bible exam (500 questions)
2. A letter authorizing the NCCA to transfer the academic records to Colorado Theological Seminary
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade to a license

Masters

If you hold a Bachelor's degree prior to enrolling in NLU, you must complete three NCCA phases of training. Upon completion of all course and administrative requirements of the two-year plan, each student must also submit the following for degree conferral:

1. One copy of a written thesis. This normally consists of 25 reports (case studies) developed from the student's work with 25 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer the academic records to the approved school
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license

Doctorate

If you hold a Master's degree prior to enrolling in NLU, you must complete three NCCA phases of training. You will complete all of the course and administrative requirements of the two-year plan and successfully complete the following four courses:

Cognitive Therapy Techniques

3 NCCA advanced courses (consult NLU advisor)

Each student must also submit the following for degree conferral:

1. One copy of a written dissertation. This normally consists of 35 reports (case studies) developed from the student's work with 35 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer the academic records to the approved school
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license

New Life University Cost Worksheet

NLU requires a \$100 non-refundable application fee which must accompany the completed enrollment packet. Tuition is \$275 per course and is due no less than 15 days before a class begins, unless otherwise indicated. Tuition may be paid by credit card or check. There is a \$20 fee for all returned checks.

In addition to tuition, the student will be assigned to a clinical supervisor for a total of six hours. The fee for clinical supervision is \$50 per hour paid directly to the supervisor. Counseling students will be required to complete temperament profiles at a cost of \$30 per report. Once a student becomes a Certified Temperament Counselor, the student may charge for administering the profiles to clients as a means of reimbursement.

- Final graduation will require membership in the NCCA. The application fee is \$100. (Annual membership dues for the NCCA is currently \$50)
- Ministerial credentialing will require commissioning by New Life Ministerial Association, unless done through a local congregation. Contact your advisor for more information.

Actual costs may vary based on specific student needs, the addition of required courses based on academic history, and desire for degree completion by the student.

Year 1

Application Fee	\$100
5 Courses @ \$275 each	\$1375
10 APS Profiles @ \$30 each	\$300
3 Hours Supervision @ \$50 each	\$150
SACC Membership	\$75
NCCA membership	\$50

First Year Cost	\$2050

Year 2

5 Courses @ \$275 each	\$1375
15 APS Profiles @ \$30 each	\$450
3 Hours Supervision @ \$50	\$150
NCCA Licensing Fee	\$100

Second Year Cost	\$2075

Degree Programs

- Additional Courses needed are \$275
- Matriculation Fee required for degree \$1500
- NCCA license upgrade fee \$50

NLU Enrollment Application Packet

INSTRUCTIONS

We would like to take this opportunity to welcome you as a student to New Life University and to NCCA Certification, Membership, and Licensing. Please retain these instructions for further reference.

DUE BEFORE FIRST SEMESTER

Before enrolling you will need to submit the following:

1. _____ Completed NLU Application and Registration Form
2. _____ A current resume'
3. _____ Personal photo
4. _____ Photocopy of highest diploma/degree earned or transcripts of classes taken
5. _____ A completed personal A.P.S.
6. _____ Three reference forms
7. _____ Payment of \$100 NLU application fee
8. _____ Statement of "Why I want to be a certified Christian counselor and NCCA member"
9. _____ Quarter 1 Tuition paid in full

DUE UPON COMPLETION OF FIRST YEAR

1. _____ Application for Certification and Membership to NCCA
2. _____ Payment of \$50 NCCA membership dues
3. _____ Completed answers to 50 Board Questions
4. _____ Signed copy of BOARD OF ETHICAL STANDARDS
5. _____ 10 APS profiles and 3 hours of supervision
6. _____ All Tuition payments current

DUE UPON COMPLETION OF SECOND YEAR

1. _____ Notification of Release for national screening
2. _____ Application for Certification or License
3. _____ 15 additional APS profiles and 3 additional hours of supervision
4. _____ A copy of ministerial commissioning
5. _____ Verification of completion by your clinical supervisor
6. _____ Payment of \$100 NCCA License Fee

Your file will be open to you at any time in the university administrative office. It will be your responsibility to see that all necessary documents are submitted and filed. Please note it is much easier to stay current with your file and clinical work than to try to catch up as the program comes to a close.



***New Life University
Pastoral Counseling Training
Enrollment Application***

***1102 Dow Street
Murfreesboro, TN 37130***

Please type or print. Mail your entire packet to the address above. Submit application with \$100 application fee.

Name: _____
Street Address: _____
City: _____
State: _____ Zip Code: _____
Daytime Phone: _____ Evening Phone: _____
Email Address: _____

Social Security Number: _____ Date of Birth: _____
Gender: M _____ F _____

(New Life University does not make enrollment decisions based on age, race, sex, or national origin.)

Highest Earned Degree: _____
Place and Date of High School Diploma: _____
Place and Date of College Credits Earned: _____
Place and Date of Graduate Credits Earned: _____
Place and Date of Post-Graduate Work: _____

Do you profess a relationship with Jesus Christ? _____
Are you a credentialed minister? _____
With what church or denomination? _____

Current Occupation:
How long have you been at your current job? _____

Marital Status? Married _____ Single _____ Divorced _____ Widowed _____
Spouses name? _____

Children's Names: _____

Have you had any previous training in Christian counseling? Please explain _____

Have you had any training in personality or temperament testing? _____

Please Answer Briefly:

Why do you want to be a counselor?

How do you feel this program will benefit you?

What are your goals for your ministry of counseling?

What is your current involvement in ministry or in your church?

Have you ever been convicted of a felony? Please explain:

Do you have any physical or emotional issues that should be considered?

How did you become aware of NLU?

Signed _____ Date: _____