

NEW LIFE UNIVERSITY

***1102 Dow Street
Murfreesboro, TN 37130***

Dear Prospective Student:

Thank you for your interest in New Life University, an educational and training organization for Christian counselors. The faculty and staff at NLU are committed to preparing men and women of God to counsel the hurting with biblical excellence, academic professionalism, and spiritual sensitivity. We are excited about beginning this journey with you. Together we will fulfill our calling to make a difference in the Kingdom of God.

This packet includes all the course descriptions, forms, and financial information you need to begin your training program. Please read through everything carefully. The material is provided to help give you a good understanding of NLU and the National Christian Counselors Association. If you have any questions, feel free to call at any time.

Our academic year begins in July and consists of four quarters. Fall quarter starts September 1, Winter quarter starts January 1, Spring quarter starts April 1, and Summer quarter starts July 1. Your completed enrollment package must be in our office by July 1.

Again, thank you for your interest in New Life, and God bless you in your goal to serve Him and His people.

Warmly In His Hands,

Mike Courtney, Ph.D.
New Life University

NEW LIFE UNIVERSITY

Training Program for Christian Counselors

The policies, fees, and requirements outlined in this catalog supersede all previous publications effective August 24, 2022. NLU materials are proprietary and protected by copyright. Some courses are copyrighted by the National Christian Counselors Association and are offered by permission.

The NLU program offers credentialing for pastoral counselors through the National Christian Counselors Association. The NCCA certification/licensing program is not to be identified nor confused with state licensing in any way. It is intended for a person who wants to practice as a servant of the Body of Christ. The authority to counsel, while recognized by the State, is granted by the Church. In addition to the training offered by NLU, the NCCA requires a ministerial credential to complete the program.

NLU is an educational and training organization for Christian counselors. New Life includes ministers, professional Christian counselors, testing specialists, medical doctors, attorneys, and educators. The staff of NLU has committed themselves to the Lord Jesus Christ and believes that counseling is vain, unless it is founded upon and directed by the Word of God.

NLU is a totally different organization from Branches Counseling Center. While we share personnel and a common core value, NLU has a separate board of directors, a separate operating charter, and is careful not to be confused with Branches.

The main purpose of NLU is to provide quality training for pastors and Christians who feel God's call to counsel. Our training results in credentials that the community (Christian and non-Christian) will recognize, but the authority and call to Christian service has always been in the Holy Spirit of God.

New Life University
Board of Directors

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Our Mission

The mission of New Life University is to provide quality training that brings together the best of Biblical counseling and secular education. We believe that counseling is the new evangelism, that hurting, broken people are a harvest field in need of the healing power of God and His church. By training godly counselors NLU is not only living out its own mission but fulfilling the Great Commission. NLU training benefits anyone who desires to help others, make a difference in his/her world, and live out the call of Christ to reach the lost, heal the brokenhearted, and care for the hurting in our world.

Potential Ministerial Fellowships for Credentialing

Paragon Christian Alliance International
2149 HWY 139
Monroe, LA 71203
(866) 269-5600
www.paragonchristianalliance.org
info@pragonchristianalliance.org

International Fellowship Ministries
22722 29th Dr. SE#100
Bothell, WA 98021
(425) 780-4471
www.ifm7.org
ifm@ifm7.org

Experience Ministries
PO Box 787
Cookeville, TN 38503
(423) 558-0808
<https://experienceordination.org/>
Support@ExperienceOrdination.org

Frequently Asked Questions

Who Can Benefit from NLU Training?

The training adjusts to meet the needs of Christians with different goals, including:

- Christians who want to be better equipped to minister to those who need counsel.
- Pastors who want to learn how to counsel members of their community who are experiencing problems.
- Christians who want to be credentialed and enter the field of counseling as a part-time or full-time ministry.
- Professional counselors who want to become A.P.S. certified and learn a Biblically-based counseling model with proven success.

How NCCA Credentials Help You Personally and Professionally?

Potential counselors often ask about the benefits of the training and obtaining certification or license from the NCCA. The main benefit is knowledge. The training you receive provides a deep spiritual insight into understanding human behavior and relating to others. This knowledge is valuable in every area of life, including your ability to help those who are hurting.

In addition, the certification or license can open many doors. Having NCCA credentials ensures that you are recognized within your community as a qualified Christian/Pastoral counselor. The community can be assured that your credentials are authentic and current.

Other benefits available to NCCA members include qualifying for professional liability insurance, networking with other counselors, and the opportunity to earn continuing education credits at seminars and conferences. In addition, NLU offers assistance to its graduates with regard to degree transfer work and fulfillment of academic goals.

****The faculty and staff of New Life University reserve the right to withhold licensure from students regardless of their academic achievements if we believe, with cause, that such students may lack the emotional or spiritual maturity necessary to qualify them to counsel other people safely and effectively. Such an action is very rare and would be open to discussion and appeal with the student in question.****

Christian Certification and Licensing

NCCA certification is not a state license and is, in fact, **distinctly different**. Most states have regulatory laws governing the practice of psychology. Many of them may also legislate the practice of general counseling. The laws vary from state to state. For example, some states have a counselor category called “Licensed Professional Counselor.” Therefore, NLU requires its graduates to clearly identify their license, e.g. “NCCA Licensed Pastoral Counselor” or “NCCA Licensed Clinical Christian Counselor.” This ensures that NCCA licensed counselors are operating within legal and ethical standards and is maintaining the public’s trust and confidence.

State regulatory laws help to protect the public and ensure professionalism within the counseling profession. The NCCA and NLU strive to attain a similar goal within the Christian community and, at the same time, operate so as to avoid infringing upon state regulations.

The state and federal governments also have jurisdictional boundaries. They do not pass laws that prevent the Church from fulfilling its purpose of ministering to humanity’s needs. The state recognizes that counseling is one of the responsibilities of the Church and its clergy. For this reason, the state does not interfere with the Ministry of Counseling.

NCCA requires all who are certified by the NCCA Licensing Board of Examiners to:

1. Be credentialed ministers (ordained, licensed, or commissioned) whose goal is to evangelize and ease the emotional pain and suffering of humanity.
2. Provide their service under the authority of a legally organized local church, a national church organization, or a 501(c)(3) not-for-profit ministry.
3. Complete specialized training provided by NLU.
4. Complete the minimum requirements for continuing education and annual license renewal.
5. Uphold NCCA’s Code of Ethical Standards and maintain annual membership in the NCCA.

The National Christian Counselors Association’s published Code of Ethical Standards outlines all the procedures involved in dismissal, revocation, probation, and reinstatement of an individual’s membership, certification, and/or license. **Please be aware that individuals with felony convictions do not qualify for licensing with the NCCA.**

Accreditation

The NCCA is fully accredited by the Accrediting Commission International as a comprehensive Accredited Member. For information regarding the standing of the NCCA please go to www.accreditnow.com. The NCCA is also fully accredited by the National Private School Accreditation Alliance. For information see www.npsag.com.

Notice of Non-Discrimination Policy

NLU admits students of any gender, race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students. It does not discriminate on the basis of gender, race, color, national, or ethnic origin in administration of its educational policies, and/or admission policies.

Further, NLU does not discriminate in admission or employment practices with respect to those with impaired vision, hearing, physical mobility, or age.

NLU is established in the state of Tennessee and is licensed for business under the name New Life Coaching.

Course Catalog

Course Descriptions

The time element involved is approximately 40-50 clock hours per course. This depends on the student's own personal academic skills. Final examinations are closed book and require a proctor to ensure the integrity of the training except when otherwise indicated.

B101 - Basic Christian Counseling

This course is formatted as an online video or DVD consisting of four hours of instruction. The student will learn the difference between Christian and secular counseling, goals, techniques, and several other important topics, such as the dangers and pitfalls of counseling.

Course Requirements: 1 weekend seminar
 Pass end of course exam

B102 – Creation Therapy

This foundation course provides an in-depth understanding of the theory of temperament and knowledge of the scientific and biblical basis for Christian counseling. The course also introduces the five temperaments and helps the student develop confidence in using the Arno Profile System as a diagnostic tool.

Course Requirements: 2 weekend intensives
 Pass Unit One and Unit Two Exams
Additional Requirements: Student joins the SACC (\$75 membership fee)

B103 - Christian Counseling: Integrating Temperament and Psychology

The student will receive general information regarding basic theories on historical systems of psychology, counseling, Biblical theories of counseling and the utilization of the NCCA's counseling model, Temperament Therapy.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B104 – Quality, Ethics, and Legal Issues

The student is trained in the legalities of working with clients. This independent study course clarifies what are appropriate and what are not appropriate counseling techniques. It also outlines the different legal issues common to this practice.

Course Requirements: Pass end of course exam
Additional Requirements: Attorney interview/court observation experience

B105 - Helping Children with Grief

The student is guided through the process of looking at all of the emotional losses that could touch a child's heart, and how to help them work through these issues. This course is only available for local students. Distance students will take Cognitive Therapy Techniques instead.

Course Requirements: 4, 2.5-hour Saturday class meetings
 Weekly homework assignments

B201 - Mastering Pastoral Counseling Utilizing Temperament

The student will receive specific information regarding stress, anger and guilt with an emphasis on the need to develop family relationships. This course utilizes the NCCA's counseling model, Temperament Therapy.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B202 - Temperament Case Studies

The student will learn first-hand the counseling model used by N.C.C.A. members and graduates in this independent study course. These case studies utilize the counseling model taught by the N.C.C.A. and incorporate other testing instruments.

Course Requirements: Submit one case study

B203 - Counseling the Codependent

The student will receive specialized training regarding codependency, which incorporates the counseling taught by the NCCA.

Course Requirements: 2 weekend intensives
 Pass end of course exam

B204 – The Theology of Counseling

This course is designed for the student who does not hold a recognized credential of ministry. Credentialed or ordained ministers may opt out of this course or replace it with an advanced course.

Course Requirement: 2 weekend intensives
 Pass end of course exam
Additional Requirements: Solution Focused Pastoral Counseling

B205 – Applied Suicide Intervention Skills Training

The student is equipped to assess the danger of and offer intervention for suicide prone clients.

Course Requirements: 1 weekend intensive
 Pass a proctored closed book exam
Additional Requirements: Written class assignment

Faith-Based Courses for Advanced Certification

Integrated Marriage and Family Therapy

1. Marriage and Family Counseling – An Integrated Approach
2. Integrated Temperament Couple Therapy
3. Pre-Marriage Counseling With Temperament
4. The Father-Daughter Connection

Child and Adolescent Therapy

1. Counseling Families
2. Counseling and Children
3. Counseling Youth
4. Counseling and The Search for Meaning

Substance Abuse and Addiction Therapy

1. Counseling for Substance Abuse and Addiction
2. Counseling Adult Children of Alcoholics
3. Counseling for Problems of Self-Control
4. Counseling Those With Eating Disorders

Sexual Therapy

1. Counseling for Sexual Disorders
2. Counseling and Homosexuality
3. Counseling for Problems of Self-Control
4. Counseling for Unplanned Pregnancy & Infertility

Death and Grief Therapy

1. Counseling the Sick and Terminally Ill
2. Counseling for Post-Traumatic Stress Disorder
3. Joy — In The Midst of Mourning
4. Counseling Families of Children With Disabilities*

Cognitive Therapy and Ethics

1. Cognitive Therapy Techniques
2. Life's Answers Through Counseling With God*
3. Quality, Ethics, and Legal Issues In Christian Counseling*
4. Making Life Healing Changes
5. Christ-Centered Mindfulness

Crisis and Abuse Therapy

1. Counseling for Family Violence/Abuse
2. Counseling in Times of Crisis*
3. Counseling for Anger
4. Counseling the Depressed

Temperament Therapy

1. Temperament Case Studies*
2. Life's Answers Through Counseling With God*
3. Living in the Spirit—Utilizing Temperament
4. Counseling the Codependent: A Christian Perspective Utilizing Temperament*

Domestic Violence and Intervention Therapy

Applicant must hold a Master's degree or higher, be licensed by the N.C.C.A. and be Advanced Certified in Crisis and Abuse Therapy as well as completing the following five courses:

1. Temperament Case Studies*
2. Counseling for Substance Abuse and Addiction
3. Counseling for Problems of Self-Control
4. Counseling Families
5. Counseling and Self-Esteem

Group Therapy

Applicant must hold a Master's degree or higher, be licensed by the N.C.C.A. and be Advanced Certified in Integrated Marriage & Family Therapy in order to qualify for this specialty area of Advanced Certification. Then, the candidate must complete one additional course entitled Group Therapy

Certification and Degree Options

PASTORAL COUNSELING NON-DEGREE PROGRAM This is a 10-course program that is completed in two phases. Upon successful completion, the student will receive Certification in Temperament Counseling as well as Professional Clinical (clergy) membership in the NCCA. The student will also qualify to become a nationally credentialed pastoral counselor.

PASTORAL COUNSELING DEGREE PROGRAM

This program is completed in three phases. Students pursuing a Bachelors must take a total of 12 courses. Students pursuing a Masters must take a total of 10 courses. Students pursuing a Doctorate must take a total of 14 courses. Students need to meet with an NLU advisor to establish the exact course requirements at the time of enrollment. It is also advised that students meet annually with your advisor to review progress toward the degree and monitor requirements.

Pastoral Counseling Non-degree Program

Phase I

Each student must complete the following 5 courses:

- ❖ Basic Christian Counseling
- ❖ Creation Therapy
- ❖ Quality, Ethics, and Legal Issues
- ❖ Christian Counseling: Integrating Temp and Psychology
- ❖ Helping Children with Grief (Cognitive Therapy Techniques for distance students)

Additional Requirements

Each student must:

1. Complete clinical requirement (APS) with 10 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of individual supervision.
2. Upon completion of Creation Therapy, submit \$75 for SACC membership.
3. After completing 1 & 2 and Christian Counseling: Integrating Temperament and Psychology, submit the following to complete initial NCCA certification:
 - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
 - \$50 payment for NCCA membership dues
 - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards

After successfully completing the above steps, the student will qualify to become a **Certified Temperament Counselor**

Phase II *(Students must complete Phase I before moving on to Phase II)*

Each student must complete the following 5 courses:

- ❖ Mastering Pastoral Counseling
- ❖ Temperament Case Studies
- ❖ Theology of Counseling*
- ❖ Counseling the Codependent
- ❖ Applied Suicide Intervention (Counseling in Times of Crisis for distance students)

Additional Requirements

Each student must:

1. Complete clinical requirement (APS) with 15 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of group supervision.
2. After completing #1 and Counseling the Codependent, you can submit the following to complete NCCA credentialing:
 - A signed application for NCCA license
 - Ministerial credentials
 - The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
 - A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

*** Students who are already ordained, licensed or commissioned as a minister of the gospel are automatically exempt from this course.**

Pastoral Counseling Degree Program

While it is not the intention of NLU to be a degree conferring institution, we are pleased to offer degree completion programs in partnership with a list of accredited schools.

Phase I

Each student must complete the following 5 courses:

- ❖ Basic Christian Counseling
- ❖ Creation Therapy
- ❖ Quality, Ethics, and Legal Issues
- ❖ Christian Counseling: Integrating Temp and Psychology
- ❖ Helping Children with Grief (Cognitive Therapy Techniques for distance students)

Additional Requirements

Each student must:

1. Complete clinical requirement (APS) with 10 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of individual supervision.
2. Upon completion of Creation Therapy, submit \$75 for SACC membership.
3. After completing 1 & 2 and Christian Counseling: Integrating Temperament and Psychology, submit the following to complete initial NCCA certification:
 - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
 - \$50 payment for NCCA membership dues
 - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards

After successfully completing the above steps, the student will qualify to become a **Certified Temperament Counselor**

Phase II *(Students must complete Phase I before moving on to Phase II)*

Each student must complete the following 5 courses:

- ❖ Mastering Pastoral Counseling
- ❖ Temperament Case Studies
- ❖ Theology of Counseling*
- ❖ Counseling the Codependent
- ❖ Applied Suicide Intervention (Counseling in Times of Crisis for distance students)

Additional Requirements

Each student must:

1. Complete clinical requirement (APS) with 15 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of group supervision.

2. After completing #1 and Counseling the Codependent, you can submit the following to complete NCCA credentialing:
 - A signed application for NCCA license
 - Ministerial credentials
 - The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
 - A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

*** Students who are already ordained, licensed or commissioned as a minister of the gospel are automatically exempt from this course.**

Bachelors

If you hold a HS diploma or an Associate's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and successfully complete the following two courses:

- Cognitive Therapy Techniques (distance students choose a different elective)
- another NCCA advanced course (consult NLU advisor)

Each student must also submit the following for degree conferral:

1. An open-book Bible exam (500 questions)
2. A letter authorizing the NCCA to transfer academic records to Colorado Theological Seminary
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade to a license

Masters

If you hold a Bachelor's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and submit the following for degree conferral:

1. One copy of a written thesis. This normally consists of 25 reports (case studies) developed from the student's work with 25 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer academic records to the approved school
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license

Doctorate

If you hold a Master's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and successfully complete the following four courses:

- Cognitive Therapy Techniques (distance students choose a different elective)
- 3 NCCA advanced courses (consult NLU advisor)

Each student must also submit the following for degree conferral:

1. One copy of a written dissertation. This normally consists of 35 reports (case studies) developed from the student's work with 35 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer academic records to the approved school.
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license

New Life University Cost Worksheet

NLU requires a \$100 non-refundable application fee which must accompany the completed enrollment packet. Tuition is \$275 per course and is due no less than 15 days before a class begins, unless otherwise instructed. Tuition may be paid by credit card or check. There is a \$35 fee for all returned checks.

In addition to tuition, counseling students will be assigned to a clinical supervisor for six hours of individual supervision and six sessions of group supervision. Supervision fees are paid directly to the supervisor. Counseling students will be required to complete temperament profiles at a cost of \$30 per report. Once a student becomes a Certified Temperament Counselor, a student must obtain liability insurance. At this point, the student may charge for administering the profiles to clients as a means of reimbursement.

- Final graduation will require membership in the NCCA. The application fee is \$100. (Annual membership dues for the NCCA is currently \$50)
- Ministerial credentialing will require commissioning by New Life Ministerial Association, unless done through a local congregation. Contact your advisor for more information.

Actual costs may vary based on specific student needs, the addition of required courses based on academic history, and desire for degree completion by the student.

Phase 1

Application Fee	\$100
5 Courses @ \$275 each	\$1375
10 APS Profiles @ \$30 each	\$300
6 Hours Individual Supervision @ \$50 each	\$300
SACC Membership	\$75
NCCA membership	\$50

First Phase Cost	\$2200

Phase 2

5 Courses @ \$275 each	\$1375
15 APS Profiles @ \$30 each	\$450
6 Group Supervision Sessions	\$180
NCCA Licensing Fee	\$100

Second Phase Cost	\$2105

Degree Programs

Additional Courses needed are \$275/course
Matriculation Fee required for degree \$1500
NCCA license upgrade fee \$50

NLU Enrollment Application Packet

INSTRUCTIONS

We would like to take this opportunity to welcome you as a student to New Life University and to NCCA Certification, Membership, and Licensing. Please retain these instructions for further reference.

DUE BEFORE FIRST SEMESTER

Before enrolling you will need to submit the following:

1. _____ Completed NLU Application and Registration Form
2. _____ A current resume'
3. _____ Personal photo
4. _____ Photocopy of highest diploma/degree earned or transcripts of classes taken
5. _____ A completed personal A.P.S.
6. _____ Three reference forms
7. _____ Payment of \$100 NLU application fee
8. _____ Statement of "Why I want to be a certified Christian counselor and NCCA member"
9. _____ Quarter 1 Tuition paid in full

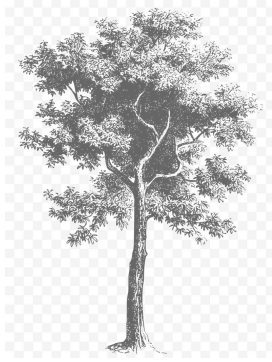
DUE UPON COMPLETION OF PHASE I

1. _____ Application for Certification and Membership to NCCA
2. _____ Payment of \$50 NCCA membership dues
3. _____ Completed answers to 50 Board Questions
4. _____ Signed copy of BOARD OF ETHICAL STANDARDS
5. _____ 10 APS profiles and individual supervision
6. _____ All Tuition payments current

DUE UPON COMPLETION OF PHASE II

1. _____ Notification of Release for national screening
2. _____ Application for Certification or License
3. _____ 15 additional APS profiles and group supervision
4. _____ A copy of ministerial commissioning
5. _____ Verification of completion by your clinical supervisor
6. _____ Payment of \$100 NCCA License Fee

Your file will be open to you at any time in the university administrative office. It will be your responsibility to see that all necessary documents are submitted and filed. Please note it is much easier to stay current with your file and clinical work than to try to catch up as the program comes to a close.



New Life University
Pastoral Counseling Training
Enrollment Application

1102 Dow Street
Murfreesboro, TN 37130

Please type or print and mail the completed form to the address above along with your resume, statement, \$100 application fee and either (a) transcripts or (b) a photocopy of your highest diploma/degree earned. Email the Dean to submit your personal photo and to obtain reference forms. All application materials must be received at our office by July 1.

Circle one: **Distance Student** or **Local Student**

Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Best Contact Number: _____ Email Address: _____

Social Security Number: _____ Date of Birth: _____ Gender: M ___ F ___

(New Life University does not make enrollment decisions based on age, race, sex, or national origin.)

Highest Earned Degree: _____

Place and Date of High School Diploma: _____

Place and Date of College Credits Earned: _____

Place and Date of Graduate Credits Earned: _____

Place and Date of Post-Graduate Work: _____

Do you profess a relationship with Jesus Christ? _____

Are you a credentialed minister? _____

With what church or denomination? _____

Current Occupation: _____

How long have you been at your current job? _____

Marital Status: Married ___ Single ___ Divorced ___ Widowed ___

Spouse's name: _____

Children's Names: _____

Have you had any previous training in Christian Counseling? Please explain _____

Have you had any training in personality or temperament testing? _____

Please Answer Briefly:

Why do you want to be a pastoral counselor?

How do you feel this program will benefit you?

What are your goals for your ministry of counseling?

Have you ever been convicted of a felony? Please explain:

Do you have any physical or emotional issues that should be considered?

How did you become aware of NLU?

Applicant signature: _____ Date: _____