

## **NEW LIFE UNIVERSITY**

***1102 Dow Street  
Murfreesboro, TN 37130***

Dear Prospective Student:

Thank you for your interest in New Life University (NLU), an educational and training organization for Christian counselors. The faculty and staff at NLU are committed to preparing men and women of God to counsel the hurting with biblical excellence, academic professionalism, and spiritual sensitivity. We are excited about beginning this journey with you. Together we will fulfill our calling to make a difference in the Kingdom of God.

This packet includes all the course descriptions, forms, and financial information you need to begin your training program. Applications are due the 1st of each month so that new students can start by the 15th of the same month (If you want to start May 15th, your completed application package must be received by May 1st). Please read through everything carefully. The material is provided to help give you a good understanding of NLU and the National Christian Counselors Association. If you have any questions, feel free to call at any time.

Again, thank you for your interest in New Life, and God bless you in your goal to serve Him and His people.

Warmly In His Hands,

Mike Courtney, Ph.D.  
New Life University



# **NEW LIFE UNIVERSITY**

## ***Training Program for Christian Counselors***

The policies, fees, and requirements outlined in this catalog supersede all previous publications effective February 10, 2025. NLU materials are proprietary and protected by copyright. Some courses are copyrighted by the National Christian Counselors Association (NCCA) and are offered by permission.

The NLU program offers credentialing for pastoral counselors through the National Christian Counselors Association. The NCCA certification/licensing program is not to be identified nor confused with state licensing in any way. It is intended for a person who wants to practice as a servant of the Body of Christ. The authority to counsel, while recognized by the State, is granted by the Church. In addition to the training offered by NLU, the NCCA requires a ministerial credential to complete the program.

NLU is an educational and training organization for Christian counselors. New Life includes ministers, professional Christian counselors, testing specialists, medical doctors, attorneys, and educators. The staff of NLU has committed themselves to the Lord Jesus Christ and believes that counseling is vain, unless it is founded upon and directed by the Word of God.

NLU is a totally different organization from Branches Counseling Center. While we share personnel and a common core value, NLU has a separate board of directors, a separate operating charter, and is careful not to be confused with Branches.

The main purpose of NLU is to provide quality training for pastors and Christians who feel God's call to counsel. Our training results in credentials that the community (Christian and non-Christian) will recognize, but the authority and call to Christian service has always been in the Holy Spirit of God.

New Life University  
Board of Directors

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## **Our Mission**

The mission of New Life University is to provide quality training that brings together the best of Biblical counseling and secular education. We believe that counseling is the new evangelism, that hurting, broken people are a harvest field in need of the healing power of God and His church. By training godly counselors NLU is not only living out its own mission but fulfilling the Great Commission. NLU training benefits anyone who desires to help others, make a difference in his/her world, and live out the call of Christ to reach the lost, heal the brokenhearted, and care for the hurting in our world.

### **Potential Ministerial Fellowships for Credentialing**

Paragon Christian Alliance International  
2149 HWY 139  
Monroe, LA 71203  
(866) 269-5600  
[www.paragonchristianalliance.org](http://www.paragonchristianalliance.org)  
[info@pragonchristianalliance.org](mailto:info@pragonchristianalliance.org)

National Association of Christian Ministers  
217 E Stone Ave #18  
Greenville, SC 29609  
<https://nacministers.com/>  
[help@nacministers.org](mailto:help@nacministers.org)

Experience Ministries  
PO Box 787  
Cookeville, TN 38503  
(423) 558-0808  
<https://experienceordination.org/>  
[Support@ExperienceOrdination.org](mailto:Support@ExperienceOrdination.org)

## Frequently Asked Questions

### Who Can Benefit from NLU Training?

The training adjusts to meet the needs of Christians with different goals, including:

- Christians who want to be better equipped to minister to those who need counsel.
- Pastors who want to learn how to counsel members of their community who are experiencing problems.
- Christians who want to be credentialed and enter the field of counseling as a part-time or full-time ministry.
- Professional counselors who want to become A.P.S. certified and learn a Biblically-based counseling model with proven success.

### How NCCA Credentials Help You Personally and Professionally?

Potential counselors often ask about the benefits of the training and obtaining certification or license from the NCCA. The main benefit is knowledge. The training you receive provides a deep spiritual insight into understanding human behavior and relating to others. This knowledge is valuable in every area of life, including your ability to help those who are hurting.

In addition, the certification or license can open many doors. Having NCCA credentials ensures that you are recognized within your community as a qualified Christian/Pastoral counselor. The community can be assured that your credentials are authentic and current.

Other benefits available to NCCA members include qualifying for professional liability insurance, networking with other counselors, and the opportunity to earn continuing education credits at seminars and conferences. In addition, NLU offers assistance to its graduates with regard to degree transfer work and fulfillment of academic goals.

**\*\*The faculty and staff of New Life University reserve the right to withhold licensure from students regardless of their academic achievements if we believe, with cause, that such students may lack the emotional or spiritual maturity necessary to qualify them to counsel other people safely and effectively. Such an action is very rare and would be open to discussion and appeal with the student in question.\*\***

## Christian Certification and Licensing

NCCA certification is not a state license and is, in fact, **distinctly different**. Most states have regulatory laws governing the practice of psychology. Many of them may also legislate the practice of general counseling. The laws vary from state to state. For example, some states have a counselor category called “Licensed Professional Counselor.” Therefore, NLU requires its graduates to clearly identify their license, e.g. “NCCA Licensed Pastoral Counselor” or “NCCA Licensed Clinical Christian Counselor.” This ensures that NCCA licensed counselors are operating within legal and ethical standards and is maintaining the public’s trust and confidence.

State regulatory laws help to protect the public and ensure professionalism within the counseling profession. The NCCA and NLU strive to attain a similar goal within the Christian community and, at the same time, operate so as to avoid infringing upon state regulations.

The state and federal governments also have jurisdictional boundaries. They do not pass laws that prevent the Church from fulfilling its purpose of ministering to humanity’s needs. The state recognizes that counseling is one of the responsibilities of the Church and its clergy. For this reason, the state does not interfere with the Ministry of Counseling.

NCCA requires all who are certified by the NCCA Licensing Board of Examiners to:

1. Be credentialed ministers (ordained, licensed, or commissioned) whose goal is to evangelize and ease the emotional pain and suffering of humanity.
2. Provide their service under the authority of a legally organized local church, a national church organization, or a 501(c)(3) not-for-profit ministry.
3. Complete specialized training provided by NLU.
4. Complete the minimum requirements for continuing education and annual license renewal.
5. Uphold NCCA’s Code of Ethical Standards and maintain annual membership in the NCCA.

The National Christian Counselors Association’s published Code of Ethical Standards outlines all the procedures involved in dismissal, revocation, probation, and reinstatement of an individual’s membership, certification, and/or license. **Please be aware that individuals with felony convictions do not qualify for licensing with the NCCA.**

### Accreditation

The NCCA is fully accredited by the Accrediting Commission International as a comprehensive Accredited Member. For information regarding the standing of the NCCA please go to [www.accreditnow.com](http://www.accreditnow.com). The NCCA is also fully accredited by the National Private School Accreditation Alliance. For information see [www.npsag.com](http://www.npsag.com).

**Notice of Non-Discrimination Policy**

NLU admits students of any gender, race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students. It does not discriminate on the basis of gender, race, color, national, or ethnic origin in administration of its educational policies, and/or admission policies.

Further, NLU does not discriminate in admission or employment practices with respect to those with impaired vision, hearing, physical mobility, or age.

NLU is established in the state of Tennessee and is licensed for business under the name New Life Coaching.



# Course List

The time element involved is approximately two months per course. Final examinations are taken online except when otherwise indicated.

**B101 - Basic Christian Counseling**

**B102 – Creation Therapy**

Student joins the SACC (\$75 membership fee)

**B103 - Christian Counseling: Integrating Temperament and Psychology**

**B104 - Temperament Case Studies**

**B105 - Mastering Pastoral Counseling Utilizing Temperament**

**B106 - Counseling the Codependent**

**C104 – Counseling in Times of Crisis**

**E101 – Cognitive Therapy Techniques**

**E102 – Christ Centered Mindfulness**

**E103 – Quality, Ethics, and Legal Issues**

**Y104 – Counseling and The Search for Meaning**

**B107 – Trauma Processing**

**E104 – Making Life Healing Changes**

**Green** = Required course for non-degree and degree program students

**Blue** = Required course for degree program students

**Purple** = Required course for BA and Doctoral students

**Orange** = Required course for Doctoral students

**Advanced Certification in Crisis and Abuse Therapy**

**C101 – Counseling for Family Violence/Abuse**

**C102 – Counseling for Anger**

**C103 – Counseling the Depressed**

**Advanced Certification in Substance Abuse and Addiction Therapy**

**D101 – Counseling for Substance Abuse and Addiction**

**D102 – Counseling Adult Children of Alcoholics**

**D103 – Counseling for Problems of Self-Control**

**D104 – Counseling Those With Eating Disorders**

**Advanced Certification in Death and Grief Therapy**

**G101 – Counseling the Sick and Terminally Ill**

**G102 – Counseling for PTSD**

**G103 – Joy—In The Midst of Mourning**

**G104 – Counseling Families of Children With Disabilities**

**Advanced Certification in Integrated Marriage & Family Therapy**

**M101 – Marriage and Family Counseling - an Integrated Approach**

**M102 – Integrated Temperament Couple Therapy**

**M103 – Pre-Marriage Counseling With Temperament**

**M104 – The Father-Daughter Connection**

**Advanced Certification in Sexual Therapy**

**S101 – Counseling for Sexual Disorders**

**S102 – Counseling and Homosexuality**

**S103 – Counseling for Unplanned Pregnancy & Infertility**

**Advanced Certification in Temperament Therapy**

**T101 – Life’s Answers Through Counseling With God**

**T102 – Living in the Spirit—Utilizing Temperament**

**T103 – Counseling Using Inner Healing Prayer**

**Advanced Certification in Child and Adolescent Therapy**

**Y101 – Counseling Families**

**Y102 – Counseling and Children**

**Y103 – Counseling Youth**

# Certification and Degree Options

**PASTORAL COUNSELING NON-DEGREE PROGRAM** This is a 6-course program that is completed in two phases. Upon successful completion, the student will receive Certification in Temperament Counseling as well as Professional Clinical (clergy) membership in the NCCA. The student will also qualify to become a nationally credentialed pastoral counselor.

## **PASTORAL COUNSELING DEGREE PROGRAM**

This program is completed in three phases. Students pursuing a Bachelors must take a total of 12 courses. Students pursuing a Masters must take a total of 10 courses. Students pursuing a Doctorate must take a total of 14 courses. Students need to meet with an NLU advisor to establish the exact course requirements at the time of enrollment. It is also advised that students meet annually with your advisor to review progress toward the degree and monitor requirements.

# Pastoral Counseling Non-degree Program

## Phase I

*Each student must complete the following 3 courses:*

- ❖ Basic Christian Counseling
- ❖ Creation Therapy
- ❖ Christian Counseling: Integrating Temp and Psychology

### ***Additional Requirements***

Each student must:

1. Complete clinical requirement (APS) with 10 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of individual supervision.
2. Upon completion of Creation Therapy, submit \$75 for SACC membership.
3. After completing 1 & 2 and the above three courses, submit the following to complete initial NCCA certification:
  - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
  - \$50 payment for NCCA membership dues
  - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards

After successfully completing the above steps, the student will qualify to become a **Certified Temperament Counselor**

## **Phase II** *(Students must complete Phase I before moving on to Phase II)*

*Each student must complete the following 3 courses:*

- ❖ Mastering Pastoral Counseling
- ❖ Temperament Case Studies
- ❖ Counseling the Codependent

### ***Additional Requirements***

Each student must:

1. Complete clinical requirement (APS) with 15 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of group supervision.

2. After completing #1 and the above three courses, you can submit the following to complete NCCA credentialing:
  - A signed application for NCCA license
  - Ministerial credentials
  - The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
  - A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

# Pastoral Counseling Degree Program

*While it is not the intention of NLU to be a degree conferring institution, we are pleased to offer degree completion programs in partnership with a list of accredited schools.*

## Phase I

***Each student must complete the following 5 courses:***

- ❖ Basic Christian Counseling
- ❖ Creation Therapy
- ❖ Christian Counseling: Integrating Temp and Psychology
- ❖ Temperament Case Studies
- ❖ Counseling in Times of Crisis

### ***Additional Requirements***

Each student must:

1. Complete clinical requirement (APS) with 10 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of individual supervision.
2. Upon completion of Creation Therapy, submit \$75 for SACC membership.
3. After completing 1 & 2 and the above five courses, submit the following to complete initial NCCA certification:
  - Written responses to 50 ethical questions posed by NCCA National Licensing Board of Examiners
  - \$50 payment for NCCA membership dues
  - A signed application for Certification/Membership form and a signed copy of the NCCA's Code of Ethical Standards

After successfully completing the above steps, the student will qualify to become a **Certified Temperament Counselor**

## **Phase II** *(Students must complete Phase I before moving on to Phase II)*

***Each student must complete the following 4 courses:***

- ❖ Mastering Pastoral Counseling
- ❖ Counseling the Codependent
- ❖ Cognitive Therapy Techniques
- ❖ Quality, Ethics & Legal Issues

### ***Additional Requirements***

Each student must:

1. Complete clinical requirement (APS) with 15 clients under the direction of an assigned and approved clinical supervisor. Plus 6 hours of group supervision.

2. After completing #1 and the above four courses, you can submit the following to complete NCCA credentialing:
  - A signed application for NCCA license
  - Ministerial credentials
  - The Notification and Release Form for Personal National Screening. This form authorizes a national background check to verify each student's history.
  - A licensing fee of \$100.

After successfully completing all of the above requirements, you will (assuming everything is in order) become a nationally credentialed pastoral counselor with the NCCA.

### **Phase III for Bachelors**

If you hold a HS diploma or an Associate's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and successfully complete the following course:

- Trauma Processing

Each student must also submit the following for degree conferral:

1. An open-book Bible exam (500 questions)
2. A letter authorizing the NCCA to transfer academic records to Colorado Theological Seminary
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade to a license

### **Phase III for Masters**

If you hold a Bachelor's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and submit the following for degree conferral:

1. One copy of a written thesis. This normally consists of 25 reports (case studies) developed from the student's work with 25 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer academic records to the approved school
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license



### **Phase III for Doctorate**

If you hold a Master's degree prior to enrolling in NLU, you must complete all of the course and administrative requirements of Phases I and II and successfully complete the following three courses:

- Christ Centered Mindfulness
- Trauma Processing
- Choose 1 NCCA advanced course (consult NLU advisor)

Each student must also submit the following for degree conferral:

1. One copy of a written dissertation. This normally consists of 35 reports (case studies) developed from the student's work with 35 individuals using the A.P.S. reports. A format is provided in the course titled Temperament Case Studies.
2. A letter authorizing the NCCA to transfer academic records to the approved school.
3. \$1500 for matriculation, administration and transfer fees
4. An updated resume and current photograph
5. \$50 and a statement requesting to upgrade license

## New Life University Cost Worksheet

NLU requires a \$100 non-refundable application fee which must accompany the completed enrollment packet. Tuition is \$299 per course. Tuition may be paid by credit card or check. There is a \$35 fee for all returned checks.

In addition to tuition, counseling students will be assigned to a clinical supervisor for six hours of individual supervision and for six hours of group supervision. Supervision fees are paid directly to the supervisor. Counseling students will be required to complete temperament profiles at a cost of \$30 per report. Once a student becomes a Certified Temperament Counselor, that student must obtain liability insurance. The student may then charge for administering the profiles to clients as a means of reimbursement.

- Final graduation will require membership in the NCCA. The application fee is \$100. (Annual membership dues for the NCCA is currently \$50)
- Ministerial credentialing will require commissioning by the National Association of Christian Ministers, unless done through a local congregation. Contact your advisor for more information.

Actual costs may vary based on specific student needs, the addition of required courses based on academic history, and desire for degree completion by the student.

### Non-degree Program

#### Phase 1

Application Fee	\$100
3 Courses @ \$299 each	\$897
10 APS Profiles @ \$30 each	\$300
6 Hours Individual Supervision	\$300
SACC Membership	\$75
NCCA membership	\$50
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	<b>\$1722</b>

#### Phase 2

3 Courses @ \$299 each	\$897
15 APS Profiles @ \$30 each	\$450
6 Group Supervision Sessions	\$180
NCCA Licensing Fee	\$100
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	<b>\$1627</b>

**Total Program Cost:        \$3349**

## Degree Program

### Phase 1

Application Fee	\$100
5 Courses @ \$299 each	\$1495
10 APS Profiles @ \$30 each	\$300
6 Hours Individual Supervision	\$300
SACC Membership	\$75
NCCA membership	\$50
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	<b>\$2320</b>

### Phase 2

4 Courses @ \$299 each	\$1196
15 APS Profiles @ \$30 each	\$450
6 Group Supervision Sessions	\$180
NCCA Licensing Fee	\$100
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	<b>\$1926</b>

### Phase 3 for Degree Programs

Additional Courses needed are \$299/course  
Matriculation Fee required for degree \$1500  
NCCA license upgrade fee \$50

**Total Bachelor's Degree Program Cost: \$6394**

**Total Master's Degree Program Cost: \$5796**

**Total Doctorate Program Cost: \$6992**

# NLU Enrollment Application Packet

## INSTRUCTIONS

We would like to take this opportunity to welcome you as a student to New Life University and to NCCA Certification, Membership, and Licensing. Please retain these instructions for further reference.

### DUE BEFORE FIRST SEMESTER

Before enrolling you will need to submit the following:

1. \_\_\_\_\_ Completed NLU Application and Registration Form
2. \_\_\_\_\_ A current resume'
3. \_\_\_\_\_ Personal photo
4. \_\_\_\_\_ Photocopy of highest diploma/degree earned or transcripts of classes taken
5. \_\_\_\_\_ A completed personal A.P.S.
6. \_\_\_\_\_ Three reference forms
7. \_\_\_\_\_ Payment of \$100 NLU application fee
8. \_\_\_\_\_ Statement of "Why I want to be a certified Christian counselor and NCCA member"
9. \_\_\_\_\_ First course(s) Tuition paid in full

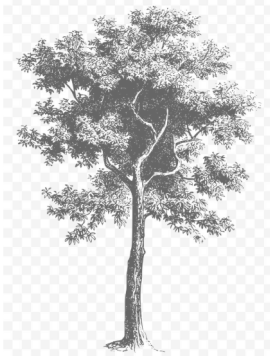
### DUE UPON COMPLETION OF PHASE I

1. \_\_\_\_\_ Application for Certification and Membership to NCCA
2. \_\_\_\_\_ Payment of \$50 NCCA membership dues
3. \_\_\_\_\_ Completed answers to 50 Board Questions
4. \_\_\_\_\_ Signed copy of BOARD OF ETHICAL STANDARDS
5. \_\_\_\_\_ 10 APS profiles and individual supervision
6. \_\_\_\_\_ All Tuition payments current

### DUE UPON COMPLETION OF PHASE II

1. \_\_\_\_\_ Notification of Release for national screening
2. \_\_\_\_\_ Application for Certification or License
3. \_\_\_\_\_ 15 additional APS profiles and group supervision
4. \_\_\_\_\_ A copy of ministerial commissioning
5. \_\_\_\_\_ Verification of completion by your clinical supervisor
6. \_\_\_\_\_ Payment of \$100 NCCA License Fee

Your file will be open to you at any time in the university administrative office. It will be your responsibility to see that all necessary documents are submitted and filed. Please note it is much easier to stay current with your file and clinicals when you regularly meet with your advisor than to try to catch up as the program comes to a close.



***New Life University  
Pastoral Counseling Training  
Enrollment Application***

***1102 Dow Street  
Murfreesboro, TN 37130***

Please type or print and mail the completed form to the address above along with your resume, statement, \$100 application fee and either (a) transcripts or (b) a photocopy of your highest diploma/degree earned. Email the Dean to submit your personal photo and to obtain reference forms.

Circle one: **Degree** or **Non-Degree**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Best Contact Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_

*(New Life University does not make enrollment decisions based on age, race, sex, or national origin.)*

Highest Earned Degree: \_\_\_\_\_

Place and Date of High School Diploma: \_\_\_\_\_

Place and Date of College Credits Earned: \_\_\_\_\_

Place and Date of Graduate Credits Earned: \_\_\_\_\_

Place and Date of Post-Graduate Work: \_\_\_\_\_

Do you profess a relationship with Jesus Christ? \_\_\_\_\_

Are you a credentialed minister? \_\_\_\_\_

With what church or denomination? \_\_\_\_\_

Current Occupation: \_\_\_\_\_

How long have you been at your current job? \_\_\_\_\_

Marital Status: Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Spouse's name: \_\_\_\_\_

Children's Names: \_\_\_\_\_

Have you had any previous training in Christian Counseling? Please explain \_\_\_\_\_

\_\_\_\_\_

Have you had any training in personality or temperament testing? \_\_\_\_\_

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Please Answer Briefly:

Why do you want to be a pastoral counselor?

How do you feel this program will benefit you?

What are your goals for your ministry of counseling?

Have you ever been convicted of a felony? Please explain:

Do you have any physical or emotional issues that should be considered?

How did you become aware of NLU?

Applicant signature: \_\_\_\_\_ Date: \_\_\_\_\_